

Z.V. M. Unani Medical College & Hospital, Azam Campus, Pune

REPORT OF TRANSITIONAL CURRICULUM

Human personality influences and impacts the functioning of an individual and organizations. The fact that humans are social is determined by individual as well as collective contexts. Understanding one's own personality and nurturing it well enables one to be a fine human being and an effective professional.

Humans need to learn how to cope with the problems and face the hardships while shaping out careers to become professionals and contributing citizens. It is in this context that the **Central Council of Indian Medicine (CCIM)**, New Delhi, India, directed to all ASU institutes to strict implement **fifteen (15) days Transitional Curriculum** for 1st Year Students of ASU, admitted in this Year (2020-2021). In this regards the Z.V.M Unani Medical College & Hospital, Azam Campus, Camp, Pune, was organized Transitional Curriculum from 22nd March 2021 to 9th April, 2021. The main objective of the Transitional Curriculum was to familiarize new admitted students in the field of ASU (B.U.M.S.) with the System and solve the day by day emerging problems and challenges, different ideas and trends on how to develop in theoretical and practical knowledge and how to expertise the budding doctors to treat the patients in the 21st century contexts.

The programme also aimed to teach ASU Students to work with various professionals, Patients and various age groups to understand the meaning of life, health, diseases and work in the present context; to enhance their practical Command, Hospital Experiences, improve communication skills, and interpersonal skills in order to function in professional and Hospital settings effectively; to develop the academic and research language skills (Research writing and research paper presentation skills) for academic writing and presentations; to understand effective planning, time management and implementation for setting goals and achieving both personal and professional goals; to learn to evaluate oneself (self-appraisal and introspection) for further growth, personally and professionally. Also enrich various aspects of their personality and to shape themselves in achieving their pursuits.

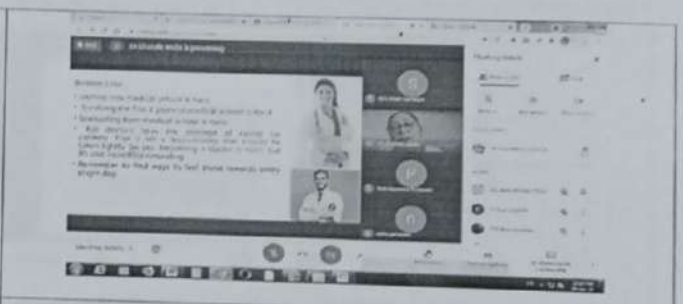
The Transitional Curriculum adopted the processes demonstration-cum-discussion, power point presentation / online lecture-cum discussion on google meet and film / video viewing of ASU due to lockdown. The Transitional Curriculum started with an inaugural session and was inaugurated by the Principal of Z.V.M. Unani Medical College & Hospital, Prof. Dr. Jalis Ahmad. & vd. V.P. Dharmadhikari, Assistant Director of Ayurveda, Pune, Govt. Of Maharashtra, graced the occasion as a guest of honour and Dr. Jaleel Ahmed (Co ordinator of Transitional Curriculum) delivered the welcome address of the inaugural session.

Some Speakers were enthusiastically involved and delivered their expert lectures very delightfully i.e Dr. Ghazala Mulla, Dr. Arshad Pathan, Dr. Farha Rizwan, Dr Rehan Safi and Mr. Zaid Ahmed Qasmi. The students had the opportunity to improve their knowledge, strength and recognize the power of System specially ASU and felt pleased for the council to implement this type of programme.

The Transitional Curriculum was conducted from 9.00 am to 4.00 pm with 4 sessions each day as per council schedule. The first Day of programme was (22/03/2021) The first technical session started with Topic "Uniqueness of Ayurveda /Siddha /SowaRigpa/Unani (ASSU) compared to other systems of Medicine" and second History, Philosophy and concepts of ASU- Introduction by eminent person by Dr. Khurshid Alam.



Vd. V.P. Dharmadhikari



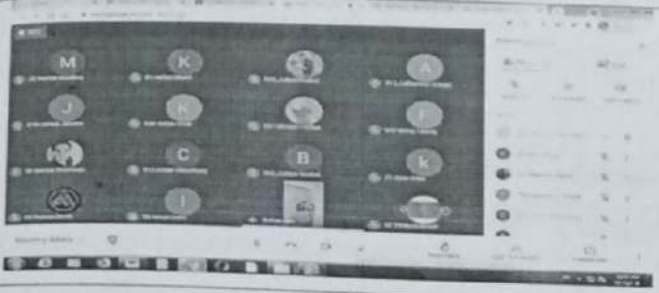
Dr. Ghazala Mulla with Students



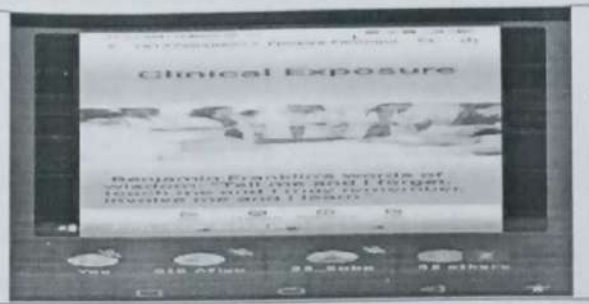
Dr. Ghazala Mulla



Dr. Arshad Pathan



Dr. Rehan Safi



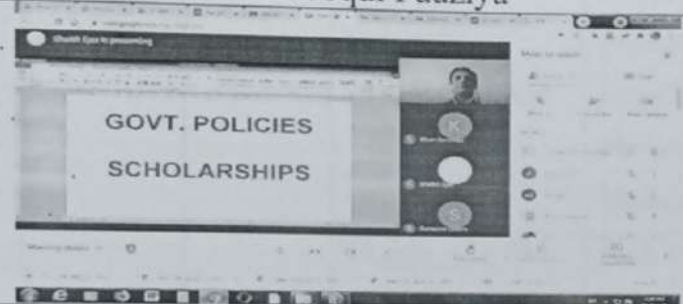
Clinical Exposure



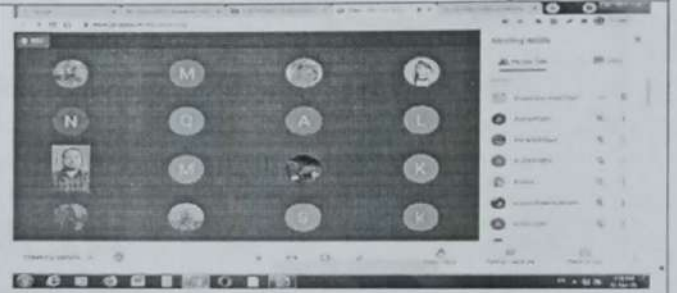
Dr. Farooqui Fauziya



Dr. Shaikh Mohammed Wajid



Dr. Ejaz Parveez



Dr. Khan Shariq



Biodiversity of ASU



Dr. Asif Ansari

According to schedule all days programme was conducted the details of speakers is as follows.

Day	Date	Time	Topic	Name of Resource person
1 st Day	22/03/21	9 AM – 11 AM	Inaugural Function	Dr. Jalis Ahmed
		11 AM – 12 PM	Interaction with Parents	Dr. Jaleel Ahmed
		12 PM – 1 PM	Interaction with students	Dr. Jaleel Ahmed
		1 PM - 2 PM	Lunch	
		2PM – 3 PM	Uniqueness of Ayurveda /Siddha /SowaRigpa/Unani (ASSU) compared to other systems of Medicine	Vd. V.P Dharmadhikari Asst Director,
		3PM – 4 PM	Language (Arabic)	
2 nd Day	23/03/21	9 AM – 10 AM	History, Philosophy and concepts of ASU- Introduction by eminent person.	Dr. Khurshid Alam
		10 AM – 11 AM	Introduction about Modern Medicine and other systems of Medicine	Dr. Zakir Khan
		11 AM – 12 PM	Role of ASU in Public Health and Primary Health Centre	Dr. Naeela Ansari
		12 PM – 1 PM	Language (Arabic)	Mr. Zaid Ahmed
		1 PM - 2 PM	Lunch	
		2 PM – 3 PM	Know your institute and department visit	Dr. Jaleel Ahmed
		3 PM – 4 PM	Motivational Lecture including by eminent person of ASU	Dr. Jalauddin Takmili
3 rd Day	24/03/21	9 AM – 10 AM	History, Philosophy and concepts of ASU - introduction by eminent person	Dr. Khurshid Alam
		10 AM – 11 AM	Recent advances in ASU	Miss Naeela Ansari
		11 AM – 12 PM	Know Regulatory bodies & Statutory bodies and major AYUSH institutions	Dr. Jaleel Ahmed
		12 PM – 1 PM	Language Arabic	Mr. Zaid Ahmed

		1 PM - 2 PM	Lunch	
		2 PM - 3 PM	Know your institute and department visit	Dr. Jaleel Ahmed
		3 PM - 4 PM	Lecture by eminent person of ASU	Dr. Ayesha Fatema
4 th Day	25/03/21	9 AM - 10 AM	History, Philosophy and concepts of ASU - introduction by eminent person	Dr. Jaleel Ahmed
		10 AM - 11 AM	Recent advances in ASU	Miss Eram Khan
		11 AM - 12 PM	Know Regulatory bodies & Statutory bodies and major AYUSH institutions	Dr. Jaleel Ahmed
		12 PM - 1 PM	Language Arabic	Mr. Zaid Ahmed
		1 PM - 2 PM	Lunch	
		2 PM - 3 PM	Know your institute and department visit	Dr. Jaleel Ahmed
		3 PM - 4 PM	Lecture by eminent person of ASU	Dr. A. H. Farooqui
5 th Day	26/03/21	9 AM - 10 AM	Language Arabic	Mr. Zaid Ahmed
		10 AM - 11 AM	Clinical exposure	Dr. F. Farooqui
		11 AM - 12 PM	Role and impact of Physician in the society	Dr. Arshad Pathan
		12 PM - 1 PM	Basics of Akhlaat and Mizaj	Dr. Jaleel Ahmed
		1 PM - 2 PM	Lunch	
		2 PM - 4 PM	Skills - Basic Life Support (BLS) and First Aid	Dr. Ghazala Mulla
6 th Day	27/03/21	9 AM - 10 AM	Language Arabic	Mr. Zaid Ahmed
		10 AM - 11 AM	Clinical exposure	Dr. F. Farooqui
		11 AM - 12 PM	Role and impact of Physician in the society	Dr. Arshad Pathan
		12 PM - 1 PM	Basics of Akhlaat and Mizaj	Dr. Jaleel Ahmed
		1 PM - 2 PM	Lunch	
		2 PM - 4 PM	Skills - Basic Life Support (BLS) and First Aid	Dr. Ghazala Mulla
7 th Day	30/03/21	9 AM - 10 AM	Language Arabic	Mr. Zaid Ahmed
		10 AM - 11 AM	Clinical exposure	Dr. F. Farooqui
		11 AM - 12 PM	Ilmul Nabataat , Madniyaat or Haiwanaat	Dr. Mussarat Nafees
		12 PM - 1 PM	Professional Medical Ethics	Dr. Farha Rizwan
		1 PM - 2 PM	Lunch	

		2 PM – 3 PM	Computer skills	Miss Eram Khan
		3 PM – 4 PM	Games and sports grouping students and giving tasks	Dr. Shaikh M. Sirajuddin
8 th Day	31/03/21	9 AM – 10 AM	Communicative English	Dr. Fraha Rizwan
		10 AM – 11 AM	Biodiversity and ASU	Dr. Asif Ansari
		11 AM – 12 PM	Language. Arabic	Mr. Zaid Ahmed
		12 PM – 1 PM	Yoga (Riyazat) and Meditation	Dr. S.M. Wajid
		1 PM - 2 PM	Lunch	
		2 PM – 3 PM	Lecture from eminent person in ASU	Dr. A.H.Chaudhry
		3 PM – 4 PM	Games and Activities	Dr. Shaikh M. Sirajuddin
9 th Day	01/04/21	9 AM – 10 AM	Communicative English	Dr. Fraha Rizwan
		10 AM – 11 AM	Biodiversity and ASU	Dr. Asif Ansari
		11 AM – 12 PM	Language. Arabic	Mr. Zaid Ahmed
		12 PM – 1 PM	Yoga (Riyazat) and Meditation	Dr. S.M. Wajid
		1 PM - 2 PM	Lunch	
		2 PM – 3 PM	Lecture from eminent person in ASU	Dr. Saeed Ahsan
		3 PM – 4 PM	Games and Activities	Dr. Shaikh M. Sirajuddin
10 th Day	03/04/21	9 AM – 10 AM	Communicative English	Dr. Farha Rizwan
		10 AM – 11 AM	Know your syllabus, lectures by HoD	Dr. Jaleel Ahmed
		11 AM – 12 PM	Language. Arabic	Mr. Zaid Ahmed
		12 PM – 1 PM	Yoga Practice (Riyazat) and relaxation Techniques	Dr. S.M. Wajid
		1 PM - 2 PM	Lunch	
		2 PM – 3 PM	Computer skills	Miss Eram Khan
		3 PM – 4 PM	Games and Activities	Dr. Shaikh M. Sirajuddin
11 th Day	05/04/21	9 AM – 10 AM	Language Arabic	Mr. Zaid Ahmed
		10 AM – 11 AM	National Health Status, Goals and Policies	Dr. Sharik Khan
		11 AM – 12 PM	Lecture by eminent Pharmaceutical industrialist/ Researcher/ Educationist etc.	Dr. Mussarat Nafees
		12 PM – 1 PM	Stress management and Capacity building to address medical challenges	Dr. Ghazala Mulla
		1 PM - 2 PM	Lunch	

		2 PM – 3 PM	Stress management and Capacity building to address medical challenges	Dr. Ghazala Mulla
		3 PM – 4 PM	Videos related to AYUSH	Dr. Jaleel Ahmed
12th Day	06/04/21	9 AM – 11 AM	Language Arabic	Dr. Ghazala Mulla
		11 AM – 1 PM	Motivational Speech by eminent person of ASU	Dr. Jalis Ahmed
		1 PM - 2 PM	Lunch	
		2 PM – 3 PM	Discussion, debate, Tasks	Dr. Jaleel Ahmed
		3 PM – 4 PM	Feedback by the students	Dr. Jaleel Ahmed
13th Day	07/04/21	9 AM – 11 AM	Importance of Diet in ASU	Dr. Ghazala Mulla
		11 AM – 12 PM	Personal Health & Hygiene	Dr. Rehan Safi
		12 PM - 1 PM	Language Arabic	Dr. Ghazala Mulla
		1 PM - 2 PM	Lunch	
		2 PM – 3 PM	Time Management	Dr. Arshad Pathan
		3 PM – 4 PM	Biomedical Waste Management	Dr. Furqan Patel
14th Day	08/04/21	9 AM – 10 AM	Learning Skills Understanding interpersonal relationship in a health care team	Dr. Rehan Safi
		10 AM – 11 AM	Understanding the role of mentoring	Dr. Fraha Ansari
		11 AM – 1 PM	Comprehend the learning Pedagogy and the role in learning skills	Miss Sumati Surwase
		1 PM - 2 PM	Lunch	
		2 PM – 3 PM	Understanding the process of group learning and group dynamics	Dr. Jaleel Ahmed
		3 PM – 4 PM	Understanding different methods of self learning and collaborative learning	Dr. Jaleel Ahmed
15th Day	09/04/21		Field visit to other institutions, eminent practitioners, AYUSH hospitals /dispensaries, Pharmaceuticals and other institutions	Dr. Jaleel Ahmed & Dr. Arshad Pathan