



Ex. Student Association
REG. NO. MAH/260/2003 (PUNE) 10554 (PUNE)
Of ZVM Unani Medical College & Hospital, Pune
Organizes

NATIONAL CME

2026

In collaboration with:
National Commission for Indian system of Medicine, New Delhi
Maharashtra Council of Indian Medicine, Mumbai

Theme
Unani in Preventive, Promotive and
Holistic Healthcare

Date: - 5th April 2026
Venue: ZVM Unani Medical College & Hospital, Pune
CME Session: 9:00 AM–5:00 PM
Dinner: From 7:00 PM Onwards

OPEN TO ALL UNANI GRADUATES, POSTGRADUATE STUDENTS
AND INTERNS FROM MAHARASHTRA AND ALL OTHER STATES

www.zvmesa.org

ABOUT PUNE CITY

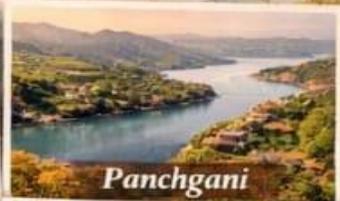
Pune, popularly known as the “Oxford of the East,” is one of India's most prominent educational, cultural, and healthcare hubs. Located in the state of Maharashtra, the city is renowned for its prestigious universities, research institutions, and medical colleges, attracting students and professionals from across the country

With its rich historical heritage and modern infrastructure, Pune offers a unique blend of tradition and innovation.

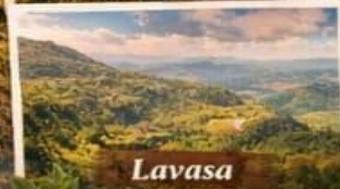
Pune is also blessed with a beautiful natural vicinity, making it an ideal destination for tourism and relaxation. The city is surrounded by some of Maharashtra's most famous **hill stations** such as **Lonavala**, **Panchgani**, **Lavasa**, and **Mahabaleshwar**, known for their scenic landscapes and pleasant climate.



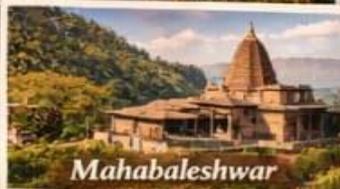
Lonavala



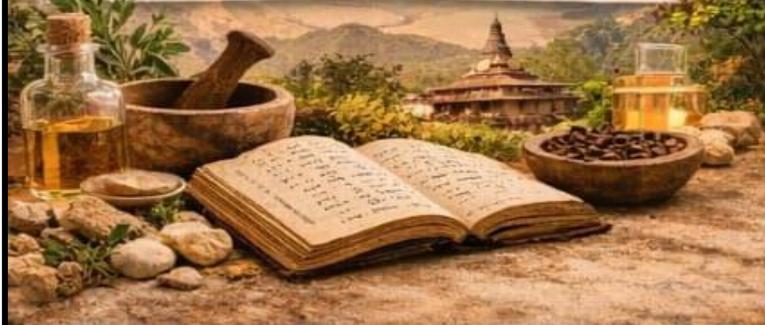
Panchgani



Lavasa



Mahabaleshwar

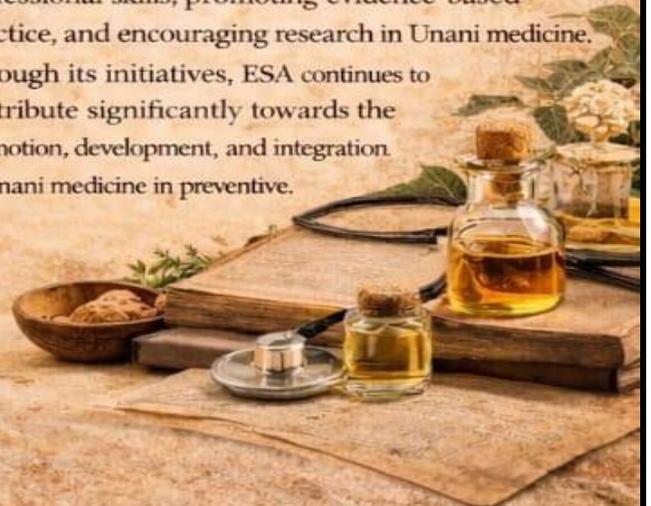


ABOUT ESA (EX-STUDENT'S ASSOCIATION)

The **Ex-Student's Association (ESA)** of **ZVM Unani Medical College & Hospital, Pune** is a registered alumni organization established in **2003**. The association was founded with the objective of fostering a strong professional bond among alumni who contributing to the academic, clinical, and research advancement of Unani medicine.

Over the years, ESA has developed into a vibrant professional network with **more than 1000 registered members** consisting of academicians, clinicians, researchers, and healthcare professionals from different parts of India. The association plays an active role in strengthening collaboration among alumni and supporting the growth of the Unani medical fraternity.

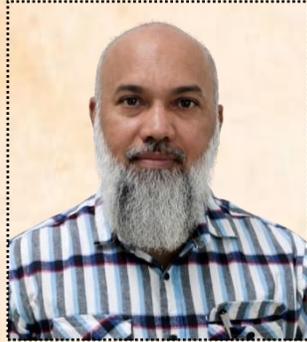
ESA regularly organizes Continuing Medical Education (CME) programs, academic conferences, seminars workshops, and outreach activities, aimed at enhancing professional skills, promoting evidence-based practice, and encouraging research in Unani medicine. Through its initiatives, ESA continues to contribute significantly towards the promotion, development, and integration of Unani medicine in preventive.



Organizing Committee



**Patron
Mrs. Abeda Inamdar**



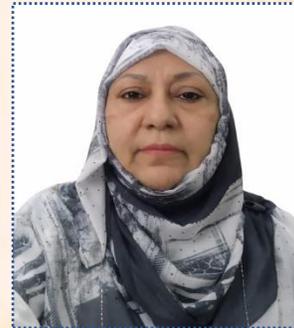
**Organizing Chairman
Dr. Rafi A. Chaudhry**



**Organizing Co-chairman
Dr. Mohd. Sirajuddin Shaikh**



**Organizing Secretary
Dr. Farha Rizwan**



**Organizing Secretary
Dr. Ghazala Mulla**



**Organizing
Joint-Secretary
Dr. Arshad Pathan**



**Organizing
Joint-Secretary
Dr. Nadeem Siddiqui**

Scientific Committee

Incharge- Dr. Ghazala Mulla

Dr. Arshad Pathan

Dr. Naheeda Aqeel

Dr. Ayesha Fatima

Dr. Zakir Khan

Dr. Fouziya Farooqui

Dr. Imtiyazi Nallamandu

Dr. Maherosh Jahan

Dr. Bashayer Khan

Dr. Fahmin Khan

Registration Committee

Incharge- Dr. Mohd Sirajuddin Shaikh

Dr Rafi Ahmed Chaudhry

Dr. Sharik Khan

Dr. Siddiqui Nadeem

Dr. Ajmeri Farah

Dr. Salimunissa Yosuff

Dr. Tousif Khan

Dr. Moazzam Ali

Dr. Fahmin Khan

Dr. Umera Sayed

Poster Committee

Incharge- Dr. Fouziya Farooqui

Dr. Fasiha Waseem

Dr. Nasreen Pathan

Dr. Asma Rafi Chaudhary

Dr. Jasmeen Ara

Dr. Saleem Shaikh

Dr. Imtiyazi Nallamandu

Dr. Farha Ansari

Organizing Members

Dr. Mushtaque Mukadam
Dr. Faiz Khot
Dr. Abdulrazak Lokhande
Dr. Ajmal K.T.
Dr. Safiya Lokhande
Dr. Moharram Ali Chaudhary
Dr. Sufiyan Ghawte
Dr. Khan Mohammad Qaiser
Dr. Mastan Shaikh
Dr. Khalid Shaikh
Dr. Akram Farooqi
Dr. Anas Farooqi
Dr. Arshad Khan
Dr. Kazim Sayyed
Dr. Muzaffar Shaikh
Dr. Abid Sayed
Dr. Noorulain Sayed
Dr. Akhtar Shaikh
Dr. Akbar Shirgaonkar
Dr. Abdurahman Khan
Dr. Asif Farooqi
Dr. Iqbal Inamdar
Dr. Nasreen Zia Ansari
Dr. Saleem Khan
Dr. Fayaz Ansari

Dr. Waseem Momin
Dr. Asif Ali Chaudhry
Dr. Sanaullah Khan
Dr. Ishrat Naseruddin Momin
Dr. Feroz Khan
Dr. Irshad Ahmed Khan
Dr. Affan Khan
Dr. Farogh Abid
Dr. Junaid Sayyed
Dr. Musfir Deshmukh
Dr. Nakshab Sayyed
Dr. Faheem Takmili
Dr. Furquan Ameen
Dr. Fareed Shaikh
Dr. Imran Khan
Dr. Mujeeb Pinjari
Dr. Moin Farooqi
Dr. Faseer Madanpally
Dr. Shama Madrangi
Dr. Arshad Sayed
Dr. Juned Mirza
Dr. Ayesha R A Chaudhry
Dr. Khalid Malik
Dr. Aamir Soheli
Dr. Shaikh Munawar
Dr. Zeeshan Siddiqui

PRE-CONFERENCE WORKSHOP

Date: Saturday, 4 April 2026

Hands-on Training on Dalak
(Unani Massage Therapy)

By:

Amb. Dr. Mohamed Obiedullah Baig

- International Unani Physician
- President, AAYUSH International Medical Association (Unani)
- President, Global Unani Mission
- Honorary Trustee, International Unani Forum (IUF)
- International President, AIUTC Coordination Committee
- International Ambassador of Peace

Time: 1:00 PM – 5:00 PM

**Venue: ZVM Unani Medical College
and Hospital, Pune**

Participants:

- Interns
- Postgraduate Scholars (PGs)
- Delegates

CALL FOR POSTERS

Abstract Submission and Poster Presentation Guidelines

Theme:

Unani in Preventive, Promotive and Holistic Healthcare

1. Eligibility

- * The competition is open to postgraduate from recognized institutions.
- * Each participant must register before the deadline for poster presentation

2. Poster Format Guidelines

- * Poster size: (1 meter × 1 meter) – Portrait orientation preferred.
- * Language: English and Urdu.
- * Text should be clear, concise, and readable from 1–2 meters.
- * Use high-quality graphs, tables, and images where applicable.

3. Poster Content Guidelines

- * Information should be scientifically accurate and evidence-based.
- * Avoid excessive text; emphasize visual representation of data.

4. Presentation Rules

- * Posters must be mounted at the designated venue at the specified time.
- * Presenters must be present at their poster during the judging period.
- * Each participant will have:
 - 3–5 minutes for presentation
 - 2–3 minutes for questions
- * Failure to present during the assigned slot may lead to disqualification.

5. Judging Criteria

Posters will be evaluated based on:

- * Scientific merit and originality
- * Clarity of objectives
- * Visual design and organization
- * Relevance to the theme
- * Presenter's communication skills
- * Ability to answer questions

6. General Rules

- * Posters must represent original work of the authors.
- * Previously published or presented posters should be clearly disclosed.
- * The organizing committee reserves the right to reject posters that do not meet ethical or scientific standards.
- * The decision of the judging panel will be final and binding.

REGISTRATION FEE

- ₹ Delegate and PG - 1500/-
- ₹ Intern - 1000/-
- ₹ Spouse/Accompanying Person - 1000/- (Without conference kit & certificate)
- ₹ Children, 7 and above - 750/-

Register Now

Payment Details

Account Name: **Ex-Students Association**
Bank Name: BOMBAY MERCANTILE CO-OP, BANK LTD
Account Number: 101100100025425
IFSC Code: BMCB0000027
Payment Mode: NEFT / IMPS / UPI

Spot Registration-1800/-

Payment Details

Account Name: **Ex-Students Association**
Bank Name: BOMBAY MERCANTILE CO-OP, BANK LTD
Account Number: 101100100025425
IFSC Code: BMCB0000027
Payment Mode: NEFT / IMPS / UPI



Scan & Pay

Registration Link

<https://zvmesa.org/cme/one-day-national-cme-in-association-with-ncism-5th-april-2026/>



Programme Schedule

Theme: Unani in Preventive, Promotive and Holistic Healthcare

08:30 am-
09:30 pm Registration and Breakfast

	Speaker	Topic
9:30 am- 10:00am	Dr Sajid Firdousi Consulting Unani Physician	Lifestyle Disorders And Unani System of Medicine

Chairperson - Prof. Dr Jaleel Ahmed.
Vice Principal & HOD, Department of kulliyat,
ZVM Unani Medical College and Hospital, Pune

Co- Chairperson -Dr. Asif Ali Chaudhary
Assistant Professor, Dept. of Ilmul Moalajat, Anjuman Islam's Dr. M.I.J.T. Unani
Medical College & H.A.R. Kalsekar Hospital, Mumbai, Maharashtra

10:00am- 10:30am	Dr. Suhel Khan MBBS, MS and DNB Orthopaedics	Robotic Joint Replacement Surgery: Technology, Techniques, and Outcomes
---------------------	---	---

Chairperson -Dr. Arshad Pathan
H.O.D. And Associate Professor, Department of Tashreeh-Ul-Badan,
ZVM Unani Medical College and Hospital, Pune

Co-Chairperson: Dr. Nasreen Pathan
Associate Professor, Department of Munafe-Ul-Aaza,
ZVM Unani Medical College and Hospital, Pune

10:30am- 11:00am	Dr. Mastaan Akber Shaikh Director & Chief Consultant Dr Mastaans' Greek Cancer Care Centre, Pune	Exploring the Role of Unani Medicine in Cancer Management
---------------------	--	--

Chairperson -Dr. Sufiyan Ghawte
Consulting Unani Physician
Managing Director of Habeeba pharmaceuticals

Co-Chairperson - Prof. Dr. Syed Ayesha Fatema
Professor, Department of Moalajat,
ZVM Unani Medical College and Hospital, Pune

11:00am- 11:30am	Dr Ghazala Mulla Vice Principal, H.O.D. And Associate Professor, Department of Munafe-Ul-Aaza ZVM Unani Medical College and Hospital, Pune	From Sauda to Cellular Detoxification: A Bioscientific Model of Munzij–Mushil–Tabreed Therapy.
---------------------	--	--

Chairperson- Dr. Farha Rizwan Sikalgar

Principal, H.O.D. And Associate Professor, Department of Tahaffuzi-Wa-Samaji Tib,
ZVM Unani Medical College and Hospital, Pune

Co-Chairperson- Prof. Dr. Khan Mohammad Qaiser

Professor & H.O.D. Dept. of Tahaffuzi wa Samaji Tib, Anjuman Islam's Dr. M.I.J.T.
Unani Medical College & H.A.R. Kalsekar Hospital, Mumbai, Maharashtra

11:30am- 12:00pm	Sabila Ghawte Nutritionist M.Sc. in Zoology	The Role of Nutrition in Health and Oncology
---------------------	--	---

Chairperson- Dr. Shaikh Mohammad Sirajuddin

H.O.D. And Assistant Professor, Department of Amraz-E-Jild Wa Tazeeniyat

Co-Chairperson-Dr Fasiha Waseem

Associate Professor, Department of Amraz-E-Jild Wa Tazeeniyat

12:00pm- 12:30pm	Amb. Dr. Mohamed Obiedullah Baig President, AAYUSH International Medical Association Unani President, Global Unani Mission Honorary Trustee, International Unani Forum (IUF) International President, AIUTC Coordination Committee International Ambassador of Peace	Role of Dalak Therapy in Musculoskeletal Disorders in Unani Medicine and Its Global Opportunities for Unani Graduates.
---------------------	---	---

Chairperson – Prof. Dr. Asma Rafi Chaudhry

Professor, Department of Ilmul Qabalat wa Amraz-e-Niswan,
ZVM Unani Medical College and Hospital, Pune

Co-Chairperson -Dr. Fouzia Farooqui

Associate Professor, Department of Ilaj-Bit-Tadbeer,
ZVM Unani Medical College and Hospital, Pune

12:30pm- 1:30pm	Poster Presentation
--------------------	---------------------

1:30pm- 2:30pm	Lunch Break
-------------------	-------------

2:30pm- 4:00pm	Validatory Ceremony
-------------------	---------------------

4:00 pm- 5:00pm	General Body Meeting
--------------------	----------------------





EX-STUDENT'S ASSOCIATION

REG. NO. MAH/260/2003 (PUNE) 10554 (PUNE)

Z.V.M. UNANI MEDICAL COLLEGE

**2390 K. B. Hidayatullah Road, Near Dhobi Ghat, Shankar Sheth Road,
Azam Campus, Camp**

Dr. Rafi Ahmed Chaudhry
President

Contact No.: 9225965503

Dr Mohd Sirajuddin Shaikh
Vice-President

Contact No.: 9423215616